

# Delivering the PPSN with families with younger children with Intellectual Disabilities

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# Children's LD Therapeutic Service



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# Why a younger age group?

- Early Intervention and universal support
- Management of waitlist and impact of Covid 19 Pandemic
- First group ran by facilitators



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# Recruitment

- Children aged 5-8 from CLDTS waitlist
- 30 families (32 children) sent Opt in letters
- 12 responses and Screenings with PP formats
- 10 parents offered places and Parent Manuals provided



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# Facilitation

- 7 sessions via Zoom and final 8<sup>th</sup> session held face to face
- PP format followed
- Additional presentations from colleagues
- Parental choice offered in PP topics
- Follow up sessions as needed



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# Parental Feedback

*This programme has been instrumental in allowing me to take a step back and take a view on not just how we can help X better but our family as a whole. Speaking to other parents and learning from them has been super.*

It was good hear other parents in similar situations...and loved how all our kids has different diagnosis and not all same but yet the kids had similar issues in life. It was very reassuring listening other parents about their little ones .

This course was absolutely fabulous for me and has given me little pointers too implement in everyday life. Highly recommend Parents plus programme





No course will solve my problems but it really helped open my eyes, give me ideas to try and feel less isolated.

Even though the course was aimed at older children I felt the facilitators adjusted it to meet the needs/age of our children. The topics covered were very useful and informative. Consideration was taken into account of things that children will/may come across as they get older and strategies to deal with these.

Would highly recommend this course to other parents of children with additional needs



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# Going forward

- PPSN to continue to be important intervention for CLDTS
- Expanding PPSN to other services
- Service development



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# Thank you



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