

Worksheet: Rewards and Routines

Plan your reward chart

- ➔ Pick a positive behaviour that you want your child to learn.
- ➔ Make sure it is specific, clear and small enough for your child to achieve.
- ➔ Pick a reward that will motivate your child.

The positive behaviour I would like to reward is:

A good reward for my child would be:

To make sure my child understands the reward system, I will:

Plan your picture schedule

- ➔ Pick a routine, positive behaviour or skill you want to teach your child.
- ➔ Break the routine down into steps - make sure your child understands each step.
- ➔ Include something rewarding at the end of the routine to keep your child motivated, like play time or book time.

The routine or new skill I want to teach my child is:

The steps I need to show my child are:

1.

2.

3.

4.

5.