

Becoming an Encouraging Parent

Becoming an encouraging parent means making all our statements positive towards children and almost never using criticisms or negatives.

Critical Parent

- V -

Encouraging Parent



That's not right.

Try it like this.
Let me show you.

You're doing it wrong.

Oh, you are trying hard,
aren't you? Would you like
me to help?

Why didn't you pick the blue
block?

Oh, you picked the green
block. You like green.

Why are you fighting with
your brother?

You can be so kind to your
brother. Let's see some of
that.



Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems. Parents wishing to attend a Parents Plus course should contact their local services such as the local mental health service, primary care team, Family Resource Centre, school or Childcare Committee who may have more information. www.parentsplus.ie.