



Manual Upgrade Guide
Working Things Out Programme – Fourth Edition
Notes for Facilitators using an Older Edition of the Manual

In January 2017, the Working Things Out Programme was updated and the fourth edition of the Facilitator Manual was published. If you are using an older edition of the WTO Facilitator Manual, please note the changes outlined below.

Please note the DVDs for the WTO have not changed in this Edition.

If you wish to exchange your older edition manual for the new edition, this can be done by either:

- 1) Booking a WTO training and bringing along the manual for exchange (please email in advance if you are doing this). This exchange is for free once the training is paid for.
- 2) For the fee of €50 + €10 post and packaging for an already trained PPAP facilitator, if you return the original WTO manual to the PP office.

Please email admin@parentsplus.ie to confirm exchange arrangements.

Changes in the Fourth Edition – Overall

1. We have created a poster (included in the Facilitator Manual) to facilitate the presentation of the Stop-Think-Do strategy in a visual, accessible way.
2. We have revised and extended the worksheets and group exercises within the group work programme offering choices for facilitators according to the needs of the group. For example, in Group Session 2 you now have an additional exercise on improving family relationships, as well as a Family Rules exercise. In Group session 3, there are additional worksheets on 'Responding Differently', 'Listening' and 'Problem Solving'. There are several additional choices of exercises in all the Group Sessions.
3. Expanded material on running the groups with adolescents, dealing with specific challenges, group dynamics and facilitation tips.
4. The entire manual is now in full colour.
5. Updated resources section.