



Positive Parenting: Effectiveness Of The Parents Plus Early Years Programme In Community Preschool Settings




Fingal Parenting Initiative

The Fingal Parenting Initiative was developed in 2010 by the Fingal Children's Services Committee as a pilot programme in order to address local demand for parenting support.

The Fingal Parenting Initiative was a collaboration within and across a range of local level organisations. These included; pre-school services, public health nurses, social work teams, family resource centres and community development projects in Fingal.

The overall aim of the Fingal Parenting Initiative was to strengthen the capacity of childcare providers, increase parental wellbeing and enhance family support services in order to improve outcomes for children and families in Fingal.








Fingal Parenting Initiative

The Fingal Parenting Initiative was funded by the National Early Years Access Initiative and governed by an interagency consortium of:

Fingal County Childcare Committee






Barnardos




Fingal Parenting Initiative


Blanchardstown Area Partnership


TUSLA
An Ghníomhaireacht um Leanaí agus an Teaghlach
Child and Family Agency




An Roinn Leanaí agus Gníothaí Oige
Department of Children and Youth Affairs




NEYAI National Early Years Access Initiative
Promoting Better Outcomes for Children & Families



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Fingal Parenting Initiative Update




Fingal


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County Landscape


- Fingal County covers an area of 450 square kilometres (173 square miles)
- The population of Fingal as per the 2011 Census is 273,991 (over 6% of the national population)
- 33 of the 42 Electoral Districts are inclined toward affluence with strong indicators of deprivation and disadvantage in Dublin 15 and Balbriggan-Urban.
- Fingal is the 'youngest' county in Ireland



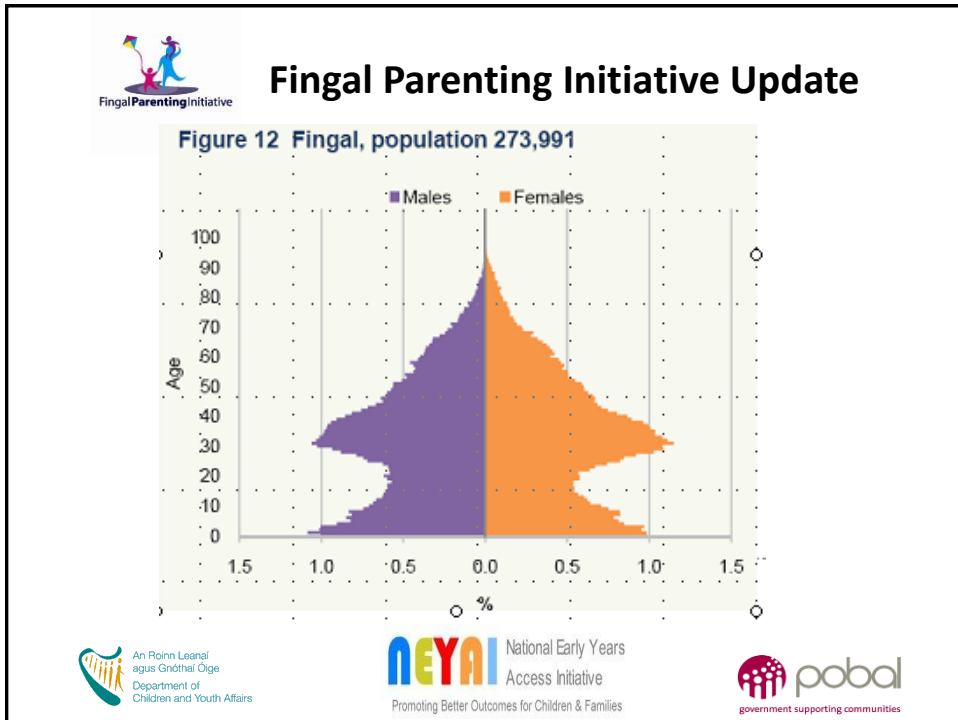
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 **Fingal Parenting Initiative Update**

Universal access to a suite of supports including:

- Parent Workshops
- Online support and information
- Social networking
- Local links and contacts (networks and multiagency collaboration)
- Parent Support Programmes (7 weeks)

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Fingal Parenting Initiative Update

Key Deliverables

- 4 established link sites/hubs
- 5000 + website visits since 2011
- 11 parent workshops (780 + parents)
- 80 trained facilitators delivering courses
- Accreditation of 21 facilitators
- 45 sites for delivery of parenting programmes
- 87 parenting programmes (7 week) delivered to over 1000 families
- Direct engagement with over 1780 families in Fingal



Fingal Parenting Initiative

Parent Reflections

'My child stopped having tantrums, she told me today that I am a much better mummy'

'I have learned to stop and pause and be more tuned into my son. I feel more confident as a parent. I now enjoy my time spent with my son'





Fingal Parenting Initiative

Key Learning

- Effective delivery of PPEY in preschool settings lead by practitioners & community workers
- PPEY effective for both clinical/borderline and typical range participants ('Worried Well')
- Non-stigmatized, acceptable support
- Increase in parental well-being and reduction in parental stress-outcomes for children
- Cost effective per child compared to contemporary programmes
- Cost Effective to roll out – facilitators own time
- Reduced wait list time to access support
- Potential reduction in need for CAHMS services



Fingal Parenting Initiative

Legacy?

The aim of the Fingal Parenting Initiative was to:

- ✓ Strengthen the capacity of childcare providers
- ✓ Increase parental wellbeing
- ✓ Enhance family support services
- ✓ Continued delivery of PPEY courses in Fingal by accredited facilitators

Children and families require a meaningful commitment at national level to proven supports that enhance children's lives through mainstreaming of programmes such as the Fingal Parenting Initiative.

