

...are you that saying I'm a bad parent?



Who? Me?

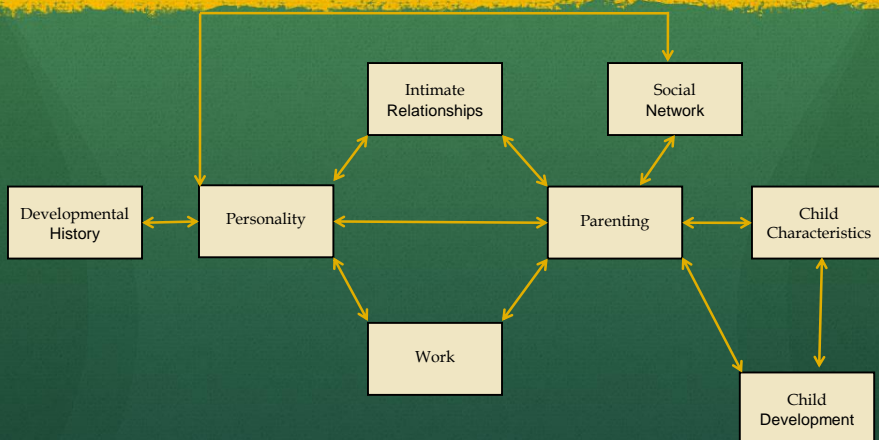


## Working with parents – a personal and professional journey

### Sadie's story

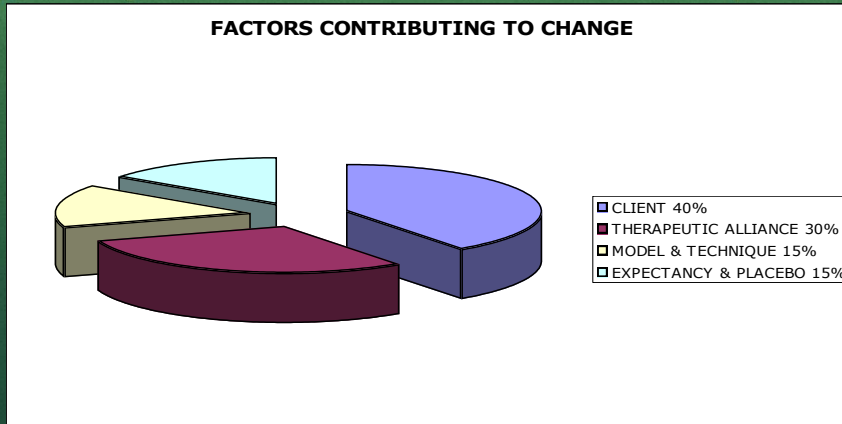


## From 'Parents' to 'People who have kids' – Jay Belsky



Source: Belsky, J. (1984). The determinants of parenting: A process model. *Child Development*, 55, 83-98.

## Some research about what works in Therapy

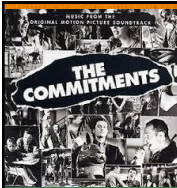


Assay & Lambert (1999) The Empirical Case for the Common Factors in Therapy: Quantitative Findings.

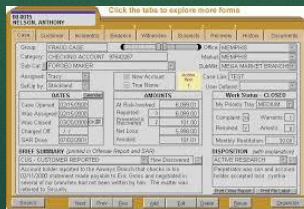
Then I came across something  
really interesting...




# Being Clear About Values: Professor Phil Barker, The Tidal Model & The 10 Commitments



## Value the voice





# Respect the language

“Attachment”

“Boundaries”

“Assessment”

“Home visit”



# Develop genuine curiosity

“Behaviour problems”



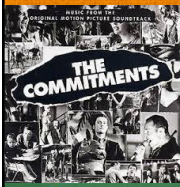
“Overly controlling”



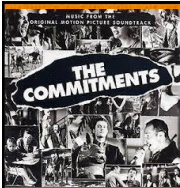
“Low warmth, High criticism”



“Inconsistent”

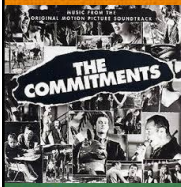


Become the apprentice

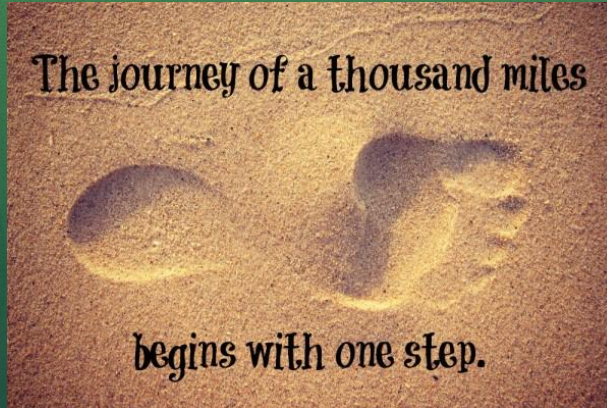


Use the available toolkit

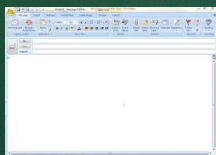


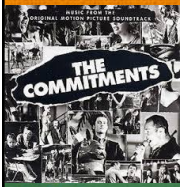


# Craft the step beyond

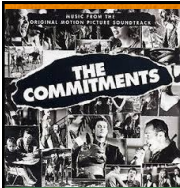


# Give the gift of time





# Reveal personal wisdom



# Know that change is constant





# Be transparent



The collage features several key elements: a newspaper clipping with the headline 'THE COMMITMENTS' and a photo of a group of people; a hand holding a transparent book against a blue sky with clouds; a purple 'Parents Plus Early Years Programme Facilitator's Manual' with a list of bullet points; and a collection of research papers, including 'Adolescents Programme' and 'Bringing up Responsible Teenagers'.

# More research anyone?

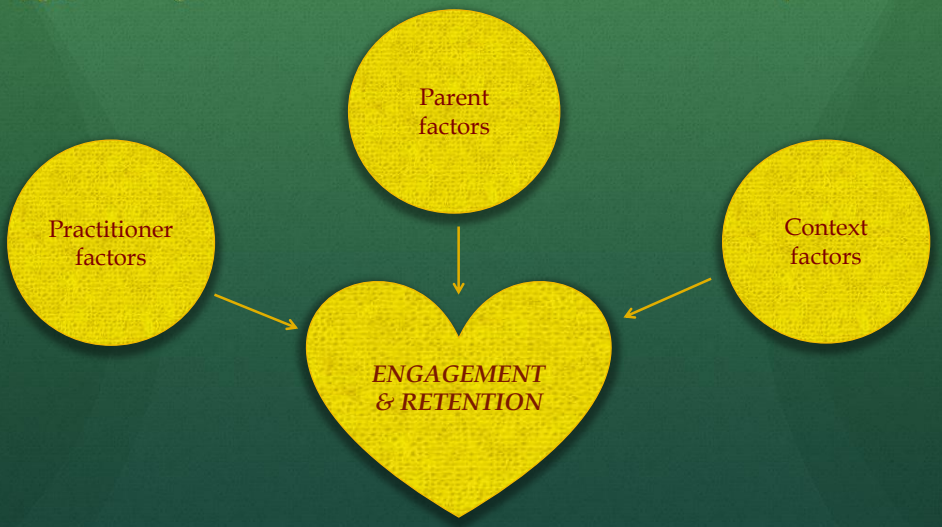


The slide features two photographs of chimpanzees. The first shows a chimpanzee covering its eyes with its hands against a white background. The second shows a chimpanzee covering its eyes with its hands against a blue background.

## Some interesting research on Engagement



There are three broad factors that impact  
on how/whether parents engage and  
how long/if they stay...



Oh dear...looks like I'm  
out of time...



Would anyone like to ask any  
questions, or offer any reflections?



Thank you for listening

