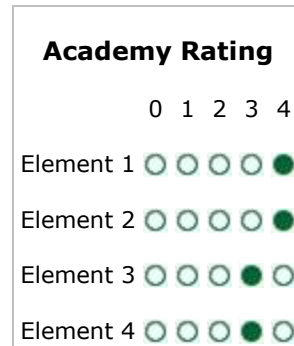


Parenting Programme Evaluation Tool

Evaluation Feedback and Academy-rating

Parents Plus Children’s Programme

17 December 2009



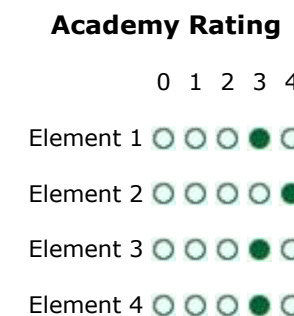
Parents Plus Children’s programme is designed for parents of children aged 6 to 11 with behavioural, emotional or learning difficulties. The theoretical framework is strong, has support for being effective with this population and is directly linked to the content and expected outcomes. The targeted outcomes are specific, measurable, achievable, realistic and timely. The programme manual is well detailed and includes excellent DVD clips which support the programme materials. The training and adherence procedures are evident, although attendance at training and completion of adherence checklists should be required of all practitioners to increase programme fidelity. Reduced parental stress, child behaviour problems, and children’s hyperactivity have been shown through randomised control trials conducted by the developer.

Parenting Programme Evaluation Tool

Evaluation Feedback and Academy-rating

Parents Plus Early Years Programme

12 January 2010



Parents Plus Early Years programme is designed for parents of children aged 1 to 6 with conduct disorder, anxiety, ADHD, learning and school achievement difficulties, general learning difficulties, and general behaviour problems. However, there is very limited content addressing sleep difficulties as identified in the programme manual. The majority of expected outcomes are specific, measurable, achievable, realistic and timely. The theoretical framework is strong, has support for being effective with this population and is directly linked to the content and expected outcomes. The programme manual is well detailed and includes excellent DVD clips which support the programme materials. The training and adherence procedures are evident, although attendance at training and completion of adherence checklists should be required of all practitioners to increase programme fidelity. More detailed supervision process needs to be developed. There is one randomized controlled trials conducted by the developer showing positive outcomes for both parents and children.

Parenting Programme Evaluation Tool

Evaluation Feedback and Academy-rating

Parents Plus Adolescent Programme

17 March 2010

Academy Rating

0 1 2 3 4

Element 1

Element 2

Element 3

Element 4

Parents Plus Adolescent Programme is designed for parents of children aged 11 to 15 that can be delivered both in a community and clinical setting when tailored to participants' need. The theoretical framework is strong, has support for being effective with this population and is directly linked to the content and expected outcomes. The targeted outcomes are specific, measurable, achievable, realistic and timely. The programme manual is well detailed and includes excellent DVD clips which support the programme materials. The training and adherence procedures are evident, although attendance at training and completion of adherence checklists should be required of all practitioners to increase programme fidelity. Initial findings from a controlled study show that parents perceived their children as significantly improved in terms of total difficulties, peer difficulties, and conduct difficulties as measured on the on the SDQ when compared to the routine clinical care control group. Parent in the treatment group also rated their relationship with their adolescent as significantly improved.

Ratings Key

Programmes are rated on 4 elements common to high quality programmes:

- Element 1** - the targeted population, level of need, aims and expected outcomes are clearly described and well matched.
- Element 2** - the programme has a sound theoretical base appropriate to the target group, the processes of how parents learn are based on theory and clearly specified, and comprehensive materials are provided for practitioners to successfully implement the programme.
- Element 3** - systematic training and supervision provided are appropriate to the level of need and complexity of the programme, and there are clear mechanisms to ensure the quality and consistency of delivery.
- Element 4** - robust evidence that participation in the programme results in positive, substantial and long lasting gains for parents and children.

Programmes are rated on a 5-point scale on the degree to which they meet the above criteria;

- a score of 4 means that the programme meets **all** of the criteria
- a score of 3 means that the programme meets **most** of the criteria
- a score of 2 means that the programme meets **some** of the criteria
- a score of 1 means that the programme meets **a few** of the criteria
- a score of 0 means that the programme meets **none** of the criteria
- For more detailed explanation of the elements and ratings please refer to the **PPET**